



# August 2017 Schedule

Date	Time	Park View	Cost
5 <sup>th</sup> August	11.00 – 11.30	<b>Balance Bikes</b> A fun way to get little ones into cycling, we have a few bikes available for hire but you are welcome to bring your own 😊	£1 members £2 non-members Hire of balance bike £1
5 <sup>th</sup> August	11.45 – 12.30	<b>Coaching Skills Session</b> A fun way to teach young riders the basic skills and to help them to improve skills they already have. We have a few bikes available to hire of varying sizes but bring your own if you can 😊	£1 members £2 non-members Hire of bike £1
5 <sup>th</sup> August	13.00 – 14.30	<b>Group ride</b> Ride details posted on Facebook nearer the time	Free
9 <sup>th</sup> August	10.00 – 12.00	<b>Fun Coaching Session</b> A fun coaching session and a ride around the park, improve your skills and gain confidence. Open to all ages and abilities	£1 members £2 non-members Hire of bike £1
17 <sup>th</sup> August	14.00 – 16.00	<b>Fun Coaching Session</b> A fun coaching session and a ride around the park, improve your skills and gain confidence. Open to all ages and abilities	£1 members £2 non-members Hire of bike £1
19 <sup>th</sup> August	11.00 – 11.30	<b>Balance Bikes</b> A fun way to get little ones into cycling, we have a few bikes available for hire but you are welcome to bring your own 😊	£1 members £2 non-members Hire of balance bike £1
19 <sup>th</sup> August	11.45 – 12.30	<b>Coaching Skills Session</b> A fun way to teach young riders the basic skills and to help them to improve skills they already have. We have a few bikes available to hire of varying sizes but bring your own if you can 😊	£1 members £2 non-members Hire of bike £1
19 <sup>th</sup> August	13.00 – 14.30	<b>Group ride</b> Ride details posted on Facebook nearer the time	Free
22 <sup>nd</sup> August	10.00 – 12.00	<b>Fun Coaching Session</b> A fun coaching session and a ride around the park, improve your skills and gain confidence. Open to all ages and abilities	£1 members £2 non-members Hire of bike £1